

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Nov**  
FEED YOUR CREATIVITY



Announcements:

**HOLIDAY**

1

Walking Taco or Frito Pie  
Choice of veggie, fruit, Juice, and milk

2

Lasagna or Cheesy Breadstick w/ marinara  
Choice of veggie, fruit, Juice, and milk

3

Fiesta Bowl or Boneless chicken wings w/ chips  
Choice of veggie, fruit, Juice, and milk

4

Chicken Parmesan or Steak fingers  
Choice of veggie, fruit, Juice, and milk

5

Corn Dog or Oven Fried Chicken  
Choice of veggie, fruit, Juice, and milk

8

Nacho Grande or Quesadilla  
Choice of veggie, fruit, Juice, and milk

9

Crispy Chicken Sandwich or Spaghetti Bowl  
Choice of veggie, fruit, Juice, and milk

10

Asian Bowl w/eggroll or Breaded Pork chop  
Choice of veggie, fruit, Juice, and milk

11

Pizza choice or Cheeseburger Mac  
Choice of veggie, fruit, Juice, and milk

12

Chicken Fried Steak w/ gravy or Corn Dog  
Choice of veggie, fruit, Juice, and milk

15

Tex-Mex Stack or Chicken Fajitas  
Choice of veggie, fruit, Juice, and milk

16

Chicken Alfredo or Meatball sub  
Choice of veggie, fruit, Juice, and milk

17

Ranchero Wrap or Popcorn Chicken w/roll  
Choice of veggie, fruit, Juice, and milk

18

Potato Bowl or Hot Dog w/fries  
Choice of veggie, fruit, Juice, and milk

19

**HOLIDAY**

22

**HOLIDAY**

23

**HOLIDAY**

24

**HOLIDAY**

25

**HOLIDAY**

26

Breaded Drumstick or Chicken Spaghetti  
Choice of veggie, fruit, Juice, and milk

29

Walking Taco or Frito Pie  
Choice of veggie, fruit, Juice, and milk

30



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Food and Nutrition Division  
Nutrition Assistance Programs



Updated 1/1/2021  
www.SquareMeals.org

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Announcements:

**HOLIDAY**

1

Breakfast Burrito w/  
hashbrown or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

2

Waffles w/ sausage or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

3

Breakfast Sandwich or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

4

Donut w/sausage or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

5

Breakfast Pizza or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

8

Dutch Waffle w/sausage  
or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

9

Power Breakfast(biscuits  
w/gravy and eggs) or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

10

Pancake Wrap w/yogurt or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

11

Cinnamon Roll w/sausage  
or Cereal Choice  
Choice of Fruit, Juice and  
milk

12

Waffle w/bacon or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

15

Breakfast taquito or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

16

Breakfast Pizza or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

17

Breakfast Sandwich or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

18

Breakfast Pizza w/hash  
browns or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

19

**HOLIDAY**

22

**HOLIDAY**

23

**HOLIDAY**

24

**HOLIDAY**

25

**HOLIDAY**

26

Pancake w/ bacon or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

29

Breakfast Burrito w/hash  
brown or  
Cereal Choice  
Choice of Fruit, Juice and  
milk

30

