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MAY 3 - MAY 27

daily choice BREAKFAST Cereal w/Toast	daily choice LUNCH PB&J Sandwich
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middle school

Menu is subject to change without notice and is based on availability and seasonality of food items. Breakfast items are listed in purple italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk. All side items are listed below the calendar and rotate throughout the week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Strawberry Pancake</i> MAY 3 GRILL DAY! Chicken Nuggets & Roll	<i>Cereal & side</i> MAY 4 MASHED Potato Bar Meatball Sub	<i>Vanilla Glazed Donut</i> MAY 5 GRILL DAY! Chicken Parm & Spaghetti w/Marinara & Breadstick	<i>Cereal & side</i> MAY 6 Taco/Nacho Bar Corn Dog	<i>Cinnamon French Toast</i> MAY 7 PIZZA DAY Beef & Bean Burrito
<i>Breakfast Sausage Pizza</i> MAY 10 GRILL DAY! Hot Dog	<i>Cereal & side</i> MAY 11 MASHED Potato Bar Beef Enchiladas & Mexican Rice	<i>Blueberry Waffle</i> MAY 12 GRILL DAY! Chicken & Mashed Potato Bowl	<i>Cereal & side</i> MAY 13 Taco/Nacho Bar Pizza Maxx Sticks & Marinara	<i>Muffin & Side</i> MAY 14 PIZZA DAY BBQ Pork Riblet Sandwich
<i>Cinnamon French Toast</i> MAY 17 GRILL DAY! Salisbury Steak w/Gravy & Roll	<i>Cereal & side</i> MAY 18 Taco/Nacho Bar Chicken Tenders & Roll	<i>Waffles & Syrup</i> MAY 19 GRILL DAY! Beef Lasagna & Garlic Toast	<i>Cereal & side</i> MAY 20 Taco/Nacho Bar Steak Fingers & Roll	<i>Muffin & Side</i> MAY 21 PIZZA DAY Chili Cheese Dog
<i>Muffin & Side</i> MAY 24 MANAGER'S CHOICE	<i>Cereal & side</i> MAY 25 MANAGER'S CHOICE	<i>Cherry Frudel</i> MAY 26 MANAGER'S CHOICE EARLY RELEASE	<i>Cereal & side</i> MAY 27 MANAGER'S CHOICE EARLY RELEASE LAST DAY OF SCHOOL	<i>Muffin & Side</i> MAY 28 MANAGER'S CHOICE
MAY 31	JUN 1	JUN 2	JUN 3	JUN 4

Memorial Day



SUMMER MEALS: JUNE 1 – 24; look for more info!

• MIDDLE SCHOOL • MORE CHOICES • MADE-TO-ORDER •

GRILL DAY! Hamburger Cheeseburger Chicken Sandwich	MASHED Potato Bar MASHED Potato pick 1: Chili or Ham or Taco Meat top it: Broccoli or Sour Cream	TACO/NACHO BAR choose: Beef or Chicken Hard Shells or Tortillas or Chips	GRILL DAY! Hamburger Cheeseburger Chicken Sandwich	TACO/NACHO BAR Beef or Chicken Hard Shells or Tortillas or Chips	PIZZA check out the weekly special
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EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Baked Beans • Banana • Broccoli (steamed or fresh) • Cantaloupe Celery Sticks • Collard Greens (steamed) • Cucumber & Tomato Salad • Cucumber Slices • Diced Peaches • French Fries • Grapes • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Fruit Cup • Orange Glazed Carrots • Pears • Peas & Carrots • Mixed Veggies • Pineapple • Red Pepper Strips • Romaine Side Salad • Seasoned Corn • Sweet Potato Fries • Steamed Squash • Tater Bites • Tomato slices • Watermelon • Zucchini (roasted or fresh) • Apple Juice • Fruit Juice • Grape Juice • Orange Juice | **MILK** Skim Milk • Skim Chocolate Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.



**MERKEL ISD
MIDDLE SCHOOL
2020-2021**

BREAKFAST

Students \$1.70
Faculty/Staff \$2.00
Adult Guests \$2.50

LUNCH

Students \$2.75
Faculty/Staff \$3.50
Adult Guests \$4.00

This institution is an equal opportunity provider.

EXTRAS

Extra Entrée \$2.25
Fresh Fruit/Veggies \$1.50
Chips (assorted) \$1.00
Cereal Bars (assorted) 75¢
Pop Tarts (assorted) 75¢
Chex-Mix/Goldfish (assorted) 75¢
Rice Krispies (variety) 75¢
Cookie Variety (assorted) 50¢
Brownie Cookie 75¢
Parfait (assorted) \$1.50
Ice Cream \$1.25
Bottled Water \$1.00
Capri Sun (assorted) \$1.00

Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. You may also send restrictions for your student. "Extras" may be purchased with cash or your account. They may NOT be charged.

hydrate all day & be kind to the earth

Trade in the disposable bottled water for an environmentally friendly version – a reusable water bottle! Investing in a reusable water bottle will not only help reduce plastic waste and costs, but is a fun and convenient way to stay hydrated.



Have a GREAT SUMMER!
Be safe and have fun – see you in August!