

M

daily choice
BREAKFAST
Cereal w/Toast

daily choice
LUNCH
PB&J Sandwich

MARCH 15 – APRIL 30

middle school

Menu is subject to change without notice and is based on availability and seasonality of food items. Breakfast items are listed in purple italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk. All side items are listed below the calendar and rotate throughout the week.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| <i>Muffin & Side</i> GRILL DAY! Baked Chicken Pasta & Breadstick MAR 15 | <i>Cereal & side</i> MASHED Potato Bar Breaded Chicken Sandwich MAR 16 | <i>Cherry Frudel</i> GRILL DAY! Chicken Fajita Quesadilla MAR 17 | <i>Cereal & side</i> Taco/Nacho Bar Chicken Fried Steak Sandwich MAR 18 | <i>Maple Burst Pancakes</i> PIZZA DAY Sloppy Joe MAR 19 |
| <i>Maple Pancake Sausage</i> <i>Wrap on a stick</i> GRILL DAY! Pizza Maxx Sticks & Marinara MAR 22 | <i>Cereal & side</i> Taco/Nacho Bar Southwest Meatloaf w/Gravy & Roll MAR 23 | <i>Cinnamon French Toast</i> GRILL DAY! Grilled Cheese MAR 24 | <i>Cereal & side</i> Taco/Nacho Bar Hot Dog MAR 25 | <i>Muffin & Side</i> PIZZA DAY Chili Fries & Roll MAR 26 |
| <i>Strawberry Pancake</i> GRILL DAY! Chicken Nuggets & Roll MAR 29 | <i>Cereal & side</i> MASHED Potato Bar Meatball Sub MAR 30 | <i>Vanilla Glazed Donut</i> GRILL DAY! Chicken Parm & Spaghetti w/Marinara & Breadstick MAR 31 | <i>Cereal & side</i> Taco/Nacho Bar Corn Dog APR 1 | SCHOOL HOLIDAY APR 2 |
| <i>Breakfast Sausage Pizza</i> GRILL DAY! Hot Dog APR 5 | <i>Cereal & side</i> MASHED Potato Bar Beef Enchiladas & Mexican Rice APR 6 | <i>Blueberry Waffle</i> GRILL DAY! Chicken & Mashed Potato Bowl APR 7 | <i>Cereal & side</i> Taco/Nacho Bar Pizza Maxx Sticks & Marinara APR 8 | <i>Muffin & Side</i> PIZZA DAY BBQ Pork Riblet Sandwich APR 9 End of 5th Grading Period |
| STUDENT HOLIDAY APR 12 | <i>Cereal & side</i> Taco/Nacho Bar Chicken Tenders & Roll Beginning of 6th Grading Period APR 13 | <i>Waffles & Syrup</i> GRILL DAY! Beef Lasagna & Garlic Toast APR 14 | <i>Cereal & side</i> Taco/Nacho Bar Steak Fingers & Roll APR 15 | <i>Muffin & Side</i> PIZZA DAY Chili Cheese Dog APR 16 |
| <i>Muffin & Side</i> GRILL DAY! Baked Chicken Pasta & Breadstick APR 19 | <i>Cereal & side</i> MASHED Potato Bar Breaded Chicken Sandwich Beginning of 5th Grading Period APR 20 | <i>Cherry Frudel</i> GRILL DAY! Chicken Fajita Quesadilla APR 21 | <i>Cereal & side</i> Taco/Nacho Bar Chicken Fried Steak Sandwich APR 22 | <i>Maple Burst Pancakes</i> PIZZA DAY Sloppy Joe APR 23 |
| <i>Maple Pancake Sausage</i> <i>Wrap on a stick</i> GRILL DAY! Pizza Maxx Sticks & Marinara APR 26 | <i>Cereal & side</i> Taco/Nacho Bar Southwest Meatloaf w/Gravy & Roll APR 27 | <i>Cinnamon French Toast</i> GRILL DAY! Grilled Cheese APR 28 | <i>Cereal & side</i> Taco/Nacho Bar Hot Dog APR 29 | <i>Muffin & Side</i> PIZZA DAY Chili Fries & Roll APR 30 |

• MIDDLE SCHOOL • MORE CHOICES • MADE-TO-ORDER •

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|--|--|--|--|---|--|
| GRILL DAY! Hamburger Cheeseburger Chicken Sandwich | MASHED Potato Bar MASHED Potato pick 1: Chili or Ham or Taco Meat top it: Broccoli or Sour Cream | TACO/NACHO BAR choose: Beef or Chicken Hard Shells or Tortillas or Chips | GRILL DAY! Hamburger Cheeseburger Chicken Sandwich | TACO/NACHO BAR Beef or Chicken Hard Shells or Tortillas or Chips | PIZZA check out the weekly special |
|--|--|--|--|---|--|

EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Baked Beans • Banana • Broccoli (steamed or fresh) • Cantaloupe Celery Sticks • Collard Greens (steamed) • Cucumber & Tomato Salad • Cucumber Slices • Diced Peaches • French Fries • Grapes • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Fruit Cup • Orange Glazed Carrots • Pears • Peas & Carrots • Mixed Veggies • Pineapple • Red Pepper Strips • Romaine Side Salad • Seasoned Corn • Sweet Potato Fries • Steamed Squash • Tater Bites • Tomato slices • Watermelon • Zucchini (roasted or fresh) • Apple Juice • Fruit Juice • Grape Juice • Orange Juice | **MILK** Skim Milk • Skim Chocolate Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.



**MERKEL ISD
MIDDLE SCHOOL
2020-2021**

BREAKFAST

Students \$1.70
Faculty/Staff \$2.00
Adult Guests \$2.50

LUNCH

Students \$2.75
Faculty/Staff \$3.50
Adult Guests \$4.00

This institution is an equal opportunity provider.

EXTRAS

Extra Entrée \$2.25
Fresh Fruit/Veggies \$1.50
Chips (assorted) \$1.00
Cereal Bars (assorted) 75¢
Pop Tarts (assorted) 75¢
Chex-Mix/Goldfish (assorted) 75¢
Rice Krispies (variety) 75¢
Cookie Variety (assorted) 50¢
Brownie Cookie 75¢
Parfait (assorted) \$1.50
Ice Cream \$1.25
Bottled Water \$1.00
Capri Sun (assorted) \$1.00

Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. You may also send restrictions for your student. "Extras" may be purchased with cash or your account. They may NOT be charged.