

# Merkel Elementary & Middle School

# NOV

## MENU 2023

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

6<sup>TH</sup> Cereal W/ Cheese Stick OR Sausage Biscuit Milk & Apple slices & Juice

7<sup>TH</sup> Breakfast Bread W/ Yogurt Or Breakfast Strudel W/ Cheese Stick Milk, Pineapples Tidbits & Juice

8<sup>TH</sup> Muffins W/ Yogurt OR Cereal W/ Cheese Stick Milk, Pears & Juice

9<sup>TH</sup> Breakfast Crackers W/Cheese stick OR Breakfast Cookie W/ Yogurt Milk, Apricots & Juice

10<sup>TH</sup>

13<sup>TH</sup> Breakfast Sandwich OR Muffins W/ yogurt Milk & Apple & Juice

14<sup>TH</sup> Breakfast Bread W/ Yogurt Or Breakfast Strudel W/ Cheese Stick Milk & Oranges Smiles & Juice

15<sup>TH</sup> Chicken Biscuit OR Cereal w/ Animal Cracker Milk & Banana & Juice

16<sup>TH</sup> Breakfast Bread W/ Cheese-its OR Breakfast Pizza Milk & Applesauce & Juice

17<sup>TH</sup>

20<sup>TH</sup>  
**Holiday**

21<sup>ST</sup>  
**Holiday**

22<sup>ND</sup>  
**Holiday**

23<sup>RD</sup>  
**Holiday**

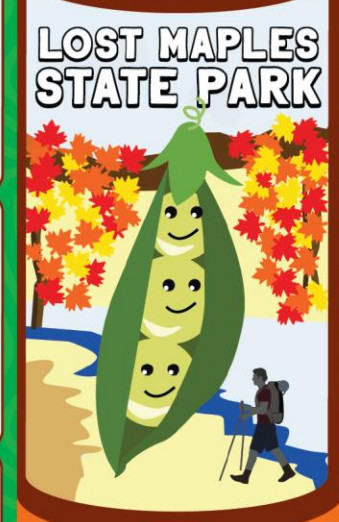
24<sup>TH</sup>

27<sup>st</sup> Pancake W/ Sausage OR Cereal W/ Yogurt Milk & Mandarin Oranges & Juice

28<sup>TH</sup> Breakfast Burrito OR Breakfast Strudel W/ Cheese Stick Milk & Pear & Juice

29<sup>TH</sup> Grilled Cheese Sandwich OR Muffin W/ Yogurt Milk & Plum & Juice

30<sup>TH</sup>



**ANNOUNCEMENTS:**  
Please Note that PK & K will only get Non flavored milk at their grade level

PK & K will not be getting juice at breakfast

PK & K is the Highlighted Menu Item



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 11/1/2023  
www.SquareMeals.org

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# NOV

## MENU 2023

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

6<sup>TH</sup> **Cheeseburger** OR  
Chicken Fried Steak W/  
Gravy & Roll, Fries,  
Squash, Strawberries,  
Juice, Choice of Milk

7<sup>TH</sup> **Chicken Fajitas** Or  
Tex-Mex Stack Refried  
Beans, Carrots, Salsa,  
Hot Cinnamon Apples  
Juice & Milk

8<sup>TH</sup> **Chicken Alfredo W/  
Breadstick** OR Meatball  
Sub, Garden Salad,  
Green Beans, Peaches  
Milk & Juice

9<sup>TH</sup> **Popcorn Chicken W/  
Roll** OR Rancho Wrap  
Green Pea, Crunchy  
Broccoli Salad Apple  
Slices, Royal Brownies  
Juice & Milk

10<sup>TH</sup>

13<sup>TH</sup> **Enchiladas** OR  
Western Burger,  
Beans, Corn, Salsa,  
Orange Smiles Juice &  
Choice of Milk

14<sup>TH</sup> **Chicken-n-Waffles**  
Or Chili Cheese Totchos  
Fresh Veggie Cup,  
Mashed Potatoes,  
Strawberries & Banana  
Juice & Choice of Milk

15<sup>TH</sup> **Turkey & Dressing,**  
Green beans, Mashed  
potatoes, roll pumpkin  
fluff Juice & Choice of  
Milk

16<sup>TH</sup> **Nachos Grande** OR  
Hamburger Garden  
Salad, Tomato Cup,  
Pears, Juice & Milk

17<sup>TH</sup>

20<sup>TH</sup>  
**Holiday**

21<sup>ST</sup>  
**Holiday**

22<sup>ND</sup>  
**Holiday**

23<sup>RD</sup>  
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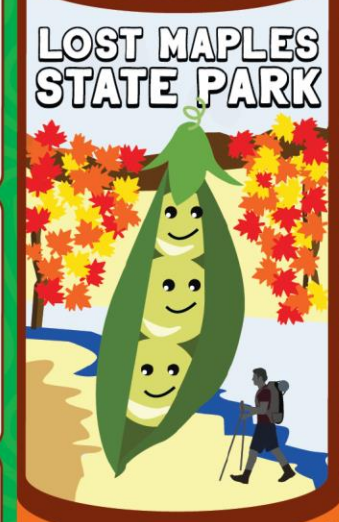
24<sup>TH</sup>

27<sup>ST</sup> **Chicken Spaghetti  
W/ Bread Stick** OR  
Breaded Drumstick W/  
Biscuit Garden Salad,  
Sweet Potatoes, Apple  
Juice & Choice of Milk

28<sup>TH</sup> **Walking Taco** OR  
Frito Pie, Beans, Fresh  
Veggie Cup, Chilled  
Pineapple Baked Pears  
w/ Oatmeal Topping  
Juice & Choice of Milk

29<sup>TH</sup> **Cheese Pizza** OR  
Lasagna W/ Breadstick  
W/ Chips Broccoli,  
Corn, Cinnamon Apple  
Sauce Juice & Choice of  
Milk

30<sup>TH</sup>  
**School Holiday**



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Item



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